

Who The Hell Am !?

By Donna Burfield joyandpurposecoaching.com







I am known as my parents' daughter,
I am known as my husband's wife,
I am known as the Mother of my children,
Whom, I love with my whole life!



I am known as these labels that I have been bestowed,
I am known as only these descriptives,
I am known only by these confining boxes,
But I am so much more than this prescriptive!

I am more than just your label,
I am more than what you see,
I am more than your expectations,
It is time that you saw me!





I am a vivacious, kind, and loving woman,

I am strong, intelligent, and carefree, I am full of hope, adventure, and creativity,

All this lies hidden in me!

I am going to honour my instincts,

I am going to acknowledge I have a choice,

I am going to pursue my dreams and wishes,

I have to remember I am in control of my inner voice!



In recognition of all those quiet voices out there!



Love and Gratitude,
Donna
X

